The Alembic export is only included with the 3DXChange 6 Pipeline version.

This feature is inside the iClone main menu.

Users can directly export Alembic files from iClone directly, and do not need to transfer the file to 3DXChange 6 first.

Reallusion FAQ https://kb.reallusion.com/Product/50441/Why-cant-I-see-the-Alembic-export-option-inside-3DXChange-6