Make sure that both the Roughness and Metallic maps are present. Character Creator 2 looks at the presence of these two maps to switch the shader type to PBR and not necessarily to what the user has set.

Reallusion FAQ https://kb.reallusion.com/Product/52509/Why-is-it-that-even-if-I-explicitly-set-the-shader-type-to-PBR-wh