A poorly or incorrectly fitted mask will not give the best results, so please check the following items while fitting:

(1) Ensure that the facial region selected with the bounding tool is straight, rotate if required.

(2) Ensure that each of the nodes on the facial mask is applied accurately.

You can also adjust the strength of different muscle effects to make more natural expression.

Reallusion FAQ https://kb.reallusion.com/Product/52628/-When-applying-an-expression-the-changes-don't-seem-to-be-to