During the content packs installation, simply check the saved log file when prompted for contents location: -

https://kb.reallusion.com/General/50340/How-to-find-the-DRM-content-packs-tha

Usually, you first need to apply an actor in the Stage, after this go to Composer mode to find the related body parts.

Reallusion FAQ https://kb.reallusion.com/Product/52811/Where-are-the-body-parts-addon-packs-located