1) Simply download the free LIVE Face app from the Mac App Store, and install onto your iPhone X. (Skip to Step #2 for second screen shot.)

2) Establish an intranet connection between the iPhone X and the computer, and make sure that they are on the same domain. You may connect to the same Wi-Fi network or use the iPhone X's hotspot to share a Wi-Fi internet.

More info:

http://manual.reallusion.com/Motion LIVE 2D Plugin/Resources/CTA 4/Plugins/M

3) For smooth frame rate without lag, use a USB Connection: -

http://manual.reallusion.com/Motion LIVE 2D Plugin/Resources/CTA 4/Plugins/M

Please take note that only LIVE FACE(iPhone) v1.0.5, or higher version is compatible with Cartoon Animator 4.

Reallusion FAQ https://kb.reallusion.com/Product/52816/How-to-setup-an-iPhone-server-IP-address-for-the-LIVE-Face-ap