What is ExPlus and why does it only support CC3+?

ExPlus extends upon the CC3+ character's expression settings to allow more more realistic facial performances with the aid of Facial Puppet, Face Key, and MotionLIVE. Since ExPlus relies on the special properties of the CC3+ character, it is only available for this generation.

Reallusion FAQ

https://kb.reallusion.com/Product/52973/What-is-ExPlus-and-why-does-it-only-support-CC3-