No. Only the same generation software can be synced together. For instance, CC3 can transfer character to iClone 7, or CC4 can transfer character to iClone 8.

Take note that iClone 8 and CC4 are backwards compatible, meaning that iClone 8 can read iClone 7 projects.

Also, the Content Manager in iClone 8 and CC4 can read contents which were created using iClone 7and CC3.

Content Sharing with iClone 8 and Character Creator 4:

https://youtu.be/AwqFqrOV3IE

Reallusion FAQ https://kb.reallusion.com/Product/53039/Can-iClone-8-be-used-together-with-CC3-OR-can-iClone-7-be-us