It is not recommended to run USD Composer and Audio2Face (A2F) simultaneously on the same workstation. Both applications are resource-intensive, and running them together can negatively impact performance. For the best experience, it is recommended to run each application in its own separate session.

Reallusion FAQ

https://kb.reallusion.com/Product/53247/Can-I-run-USD-Composer-and-Audio2Face-at-the-same-time